

# WHAT GENETIC CONDITION DO YOU CARRY?

## *Expanded carrier screening*

**We all carry many genetic variants without knowing it.** An expanded carrier screening test can tell you whether you're a silent carrier for a number of different genetic conditions, to reduce the risk of passing them on to your children.

Ideally, the test is done before conception, but it can also be prescribed during pregnancy.

### Indications

- ⊗ Couples with no specific family history who simply want to reduce the risk of passing on genetic conditions to their children
- ⊗ An adopted patient or a patient with limited knowledge of their family history
- ⊗ Consanguinity in a couple
- ⊗ Member of a population at risk of carrying specific genetic conditions (e.g., Ashkenazi Jewish ancestry, patient from the Charlevoix/Saguenay–Lac-Saint-Jean region)
- ⊗ Selection of a gamete donor with silent genetic conditions

### What you need to know

**Number of genes tested:** Approximately 300 genes associated with recessive and X linked conditions.

**Consultation:** Genetic counselling (full assessment and personalized interpretation of results) may be available free of charge on presentation of a signed referral from your doctor.

**Procedure:** Blood test,\* available at all our clinics.

**Prescription:** Can be prescribed for clinic patients by their fertility specialist, but also available with a prescription from an outside doctor.

**“Couples” package:** A discount applies for the partner when two screening tests are prescribed together.

**Wait time:** 10-21 days to get the results.

For more information, visit our website  
[cliniqueovo.com/en/services/labo-services/genetic-counselling](http://cliniqueovo.com/en/services/labo-services/genetic-counselling)

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\*If you don't live near any of our clinics, contact us so we can find an alternative that's convenient for you.